## MicroRNAs and their antagonists as novel therapeutics

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A central gene regulatory mechanism, recently identified, is regulation by short non-coding RNAs termed microRNAs (miRNAs; Fig. 1). miRNAs are ~22 nucleotide long molecules that control gene expression by binding to the 3' untranslated regions (UTR) of mRNA transcripts [1]. After base pairing between the miRNA and its target gene within a minimal six nucleotide region, the target mRNA is destined for facilitated degradation or translation inhibition [2] (Fig. 1). In humans, there are around 700 reported unique miRNAs [3,4] very often expressed at thousands of copies per cell, and these are expected to regulate about half of our genes [5]. miRNAs are

important for a diverse range of biological processes such as cell growth, proliferation and differentiation.

Several miRNAs were shown to act as oncogenes and tumour suppressors indicating their direct involvement in cancer [6]. In addition, miRNA expression profiles were shown to classify human cancers with accuracy better than mRNA/gene profiles. However, cancer classification is not the only virtue of miRNAs as their expression patterns can also predict and determine the clinical behaviour of certain cancers. Expression of the let-7 miRNA, for example, has been shown to correlate with reduced survival in several cancers [7].

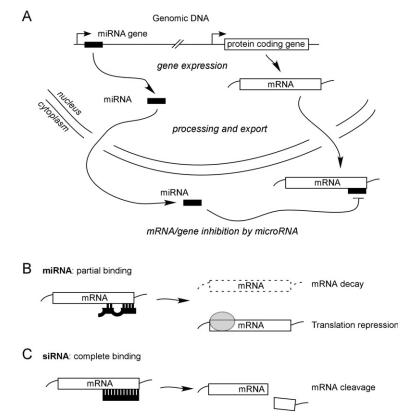


Fig. 1. The gene expression pathway is tightly regulated by miRNAs (A). Gene repression by miRNAs is associated with mRNA decay, translation inhibition (B) or target cleavage (C). The latter is mostly evoked by full complementary binding often seen with siRNAs.

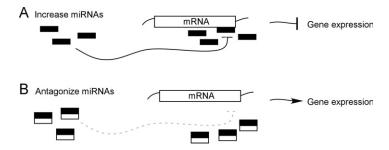


Fig. 2. Approaches for controlling mRNA target levels through (A) increasing or (B) blocking miRNA levels using antisense oligonucleotides.

Given that miRNA deregulation is associated with many cancer types and cancer development, it is of interest to exploit them for therapeutic manipulations and novel treatments. Along these lines, tumoursuppressive miRNAs may be directly up-regulated for an anti-cancer effect and oncogenic miRNAs can be targeted for down-regulation using antisense oligonucleotides (Fig. 2). Numerous studies have shown the effectiveness of customized antisense oligonucleotides to target specific pathologic miRNAs. In breast cancer, for example, reduced migration and invasion can be induced by miR-125 [8] while miR-21 can inhibit proliferation [9]. In order to aid in their cellular delivery, antisense oligonucleotides were linked with lipid molecules. These exhibited stable, nuclease resistant, potent anti-tumour effects when administered into mouse tumour models [10]. Intravenous administration of these to mice was shown to result in a powerful and specific silencing of endogenous miRNAs in a variety of organ systems for several weeks following a single injection [11]. A combination of miRNA associated therapy and conventional cancer treatments was also proven effective [12].

Small interfering RNAs (siRNAs) are double stranded RNAs introduced exogenously into mammalian cells for the purpose of gene knockdown. siRNAs are involved in the RNA interference (RNAi) pathway coined for their potent interference of the target gene expression [13]. The miRNA and siRNA pathways share critical RNAi components of regulation in spite of their difference in structural complementarity with their target genes (partial versus full; Fig. 1). In the past few years RNAi was exploited as a valuable tool in various systems to knockdown specific gene expression levels. Given their power and flexibility of target specific regulation (designed by the researcher), siRNAs are often also explored for cancer treatments. In pre-clinical studies, siRNAs demonstrated the ability to silence two oncogenes and consequently ceased proliferation of cancer cells.

Altogether, the features of miRNAs described here underscore them as potential targets for therapeutic intervention. In addition, miRNAs, siRNAs, or antagonists thereof, are powerful regulators that will surely become a valuable and novel class of drugs in the foreseeable future.

## Conflict of interest statement

None declared.

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